



SEWICKLEY VALLEY Y COMPETITIVE SWIM TEAM ATHLETE CODE OF CONDUCT

The undersigned participant agrees to abide by the standards of conduct outlined below in addition to those established by the coaches. Any additional standards regarding conduct will be addressed by the Aquatic Director and coaches, whose combined responsibilities will be to inform the team and the parents.

1. The possession or use of alcohol, tobacco, vaping products or any non-prescribed drugs is strictly prohibited.
2. Swimmers are expected to follow the directions of the coaching staff and always do their best.
3. Swimmers will refrain from all illegal or inappropriate behavior that would detract from a positive image of the team or be detrimental to the team's performance objectives.
4. Swimmers will display proper respect and sportsmanship towards coaches, officials, administrators, fellow competitors, and the community at large.
5. Swimmers will adhere to the Y's core values of caring, honesty, respect, and responsibility. Remembering to treat others as you would like to be treated – the Golden Rule.
6. Swimmers will arrive on-time for scheduled practices, prepared to go in the water.
7. Swimmers are responsible for their own equipment. Pack your own swim bag, (don't forget water), and check that you have everything before you leave home and the pool.
8. Swimmers should communicate with coaches when they are injured. Never try to work through an injury as it can make it worse.

Failure to comply with the Athletic Code of Conduct may result in, but not necessarily be limited to, any or all of the following actions:

- A. Athlete not allowed to participate in some or all team activities, parent notification.
- B. Athlete sent home, parent notification.
- C. Upon notification of any violation of the standards, the coaching staff and the Aquatic Director shall further review the situation, promptly determine what disciplinary action, if any, shall be taken.

Competitive Swim Team Athlete Code of Conduct

I have read the Athlete Code of Conduct and agree to abide by all rules stated above

Athlete's Name _____ Age _____

Athlete's Signature _____ Date _____

Parent's Signature _____ Date _____